Forest School Trained Staff

Mrs Dangerfield (Teacher)
Mrs Woods (Teaching
Assistant)

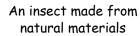
Both hold NOCN Level 3 Certificate in Forest School Programme Leadership - trained through Wiltshire Wildlife Trust.

Both Forest School Leaders hold Paediatric & First Aid at Work certificate











Making shelters

Forest School in Year 4

The aim of Forest School is to:

- provide children with the opportunity for play, exploration and engagement with a natural environment in all seasons
- encourage children to respect and sustain an area of their natural environment
- encourage collaboration, communication and team working skills
- build an individual's resilience
- encourage creativity
- motivate and challenge learners
- promote problem solving
- build confidence
- Promote physical and emotional wellbeing



When do Year 3 children do Forest School activities?

Children in year 4 take part in Forest School activities for one session every two weeks, during school time, on a **Friday**, throughout the year. These sessions will be led by Mrs Dangerfield or Mrs Woods and supported by other members of staff. We do go outside, even if the weather is cold or wet (although we do not do Forest School activities outside in persistent or heavy rain, during high winds, during a storm or if the ground is too icy).

What do children need to bring for Forest School?

Children need to bring weatherappropriate clothing:

In cold weather:

- * A warm, waterproof coat
- A pair of old trousers and an old top
- Wellington boots or a spare pair of waterproof shoes
- * A woolly hat
- * A pair of gloves

In warm weather:

- * A waterproof coat
- * A pair of old trousers and an old top
- Wellington boots or a spare pair of waterproof shoes
- * A sun hat



Using loppers (with 1:1 supervision) to cut wood



Toasting marshmallows



Forest School 'noughts and crosses'

What do children do in Forest School sessions?

We plan a range of activities, including:

- Free play and exploration
- Games (such as 'hide and seek')
- Team tasks and problem solving challenges
- An opportunity for reflection and 'mindfulness'
- Identifying plants and animals in our grounds
- Simple tool use to make natural crafts
- Toasting marshmallows on a campfire and having a 'sing-song'
- Building shelters using tarpaulins and rope and natural materials

We also try to link our Forest school activities with our topics. For example:

- Building catapults (The Normans)
- Weaving (Anglo Saxons)